



**Association for  
Continence Advice**

Driving Excellence in Bladder and Bowel Care



**ACA Scotland**

Reshaping bladder and bowel care across Scotland

# Free Study Day

## Whose urethra is it?

Person-centred approaches to  
prevention and alternatives to  
indwelling urinary catheters

**1<sup>st</sup> September 2017**

**9.00 for 9.30am – 4.30pm**

Session 1 (am) - open to all

Session 2 (pm) - registered nurses and  
allied health professionals only

*Full day = 6 hours towards revalidation*

**Dewars Centre**

**Glover Street**

**Perth, PH2 0TH**

## CALLING ALL MEMBERS!

**Person-Centred  
Assessment**

National Catheter  
Passport

**Trial without Catheter**

Intermittent

Self-catheterisation

**Bladder Scanning**

Impact of Behaviour,  
Lifestyle and Habit

**Bladder and Bowel Diaries**

Setting Self-Management  
Goals

**Urosheaths and Urinals**

Diagnostics

**Medication**

Complimentary  
Approaches

*Non-members welcome to attend for £25 or join ACA (£25 if you pay direct debit) and attend this and all other ACA Scotland events free of charge*

To book contact Kate Boyce: [kate.boyce54@gmail.com](mailto:kate.boyce54@gmail.com)

Interested in joining ACA? Visit our website [www.aca.uk.com](http://www.aca.uk.com)