

# Human rights are at the heart of care

Everyone has the right to be respected, included and supported to live with dignity and maintain the relationships that matter to them.

The right to a private and family life includes being able to see loved ones, participate in meaningful activities, and have your privacy respected.

A human rights-based approach empowers people to know their rights, be involved in decisions, and stay connected with what matters most.



## Find out more:

by scanning the QR code.



Find out more at ►